



Dating Rights and Responsibilities

Dating can be a lot of fun and a chance to learn a lot about yourself and who you enjoy spending time with. Like driving, playing a sport or having a job you have rights and you have responsibilities that go along with dating. Discuss these rights and responsibilities with friends, parents or anyone you trust so you really know them. What other items would you add to each list?

Dating Rights

1. To be treated with respect
2. To not be abused physically, emotionally or sexually
3. To change my mind
4. To be assertive on a date
5. To disagree with my date
6. To be treated as an equal
7. To leave a relationship
8. To choose and keep my friends
9. To refuse any activities I'm uncomfortable with
10. To refuse to engage in sexual activity at any time, for any reason
11. To have your needs be as important as your date or partner's needs
12. To have friends and space aside from my date or partner's needs

Dating Responsibilities

1. To determine my own values and limits
2. To ask for help when I need it
3. To take care of myself
4. To be honest
5. To refuse to abuse physically, emotionally or sexually
6. To not threaten or harm myself or my date/partner
7. To respect the values and limits of my date or partner

Good luck, have fun and be safe.